## **Self-Confidence Creator**7 Days To Unstoppable Self-Confidence

## A Personal Note from Dr. Robert Anthony

First of all, I want to start off by saying "Thank YOU" for giving me the opportunity to help you to measurably increase your level of Self-Confidence in EVERY area of your life.

I am not going to waste your time with a lot of fluff and filler. Everything you need is contained in the program. However, I would like to make a couple of important points that will help you to gain the <u>most benefit</u> from the program

The **Self-Confidence Creator** is meant to be an <u>experience</u>. Having an experience is not the same as having an intellectual understanding. For example, I could write to you about my trip to Paris and try to give you a sense of it by showing you dozens of pictures and telling you countless stories, but no matter how convincing I am, it will never be the same as you having the *experience* of traveling to Paris yourself

When using the **Self Confidence Creator** the goal is not to see how fast you can go through the program and gather more information. The information alone won't change your current level of Self-Confidence, but the *experience* of combining <u>information</u> and <u>installation</u> will make the changes. I guarantee it!

This program works. Period! But it will only work if you follow the instructions <u>exactly</u> as I have laid them out for you.

The MOST IMPORTANT point I want to make is DO NOT play the audio tracks out of sequence.

You may be tempted to skip ahead and play the Hypnoenergetic and Confidence Booster audios first just to check them out, but PLEASE DO NOT DO THIS! It will severely reduce the effectiveness of the program.

The program is designed to be easy and enjoyable to use, so just follow the simple instructions and play the tracks in the <u>exact order</u> they are presented.

There will be a few times during the program you will need to close your eyes. I have marked the audios with an (EC) which indicates you will need to close your eyes. Do not play these tracks until you can safely do that.

Also, please do not say to yourself, "I will listen to everything once and do the processes later." Only listen to each audio when you are ready to follow the instructions.

There is no rush. I want you the get the most value for your time and money so please make sure you use the program as it was intended.

Act on the information, have fun and watch your Self Confidence grow day by day! Let's get started!

Truly Caring for Your Success!

Dr. Robert Anthony